



# YOUROWN MEDICINE



Electronic Press Kit

# BIO

Your Own Medicine is a 4-piece Alternative Rock band from Denver, Colorado

The band has been reformed and refined over the years, continually evolving since the 2014 Full Length release, "Waiting To Fall". This album was built upon the Pop Punk and Rock foundations of bands such as Jimmy Eat World, Incubus, and Finch and quickly gained a large cult following among the Denver scene with the singles "First Time", "Tight Rope" and "One Man Show". The latter of which was made into a fully produced Music Video as a result of the band winning the Big Break competition in the same year.

Over the past few years, Your Own Medicine has been consistently playing packed events throughout Colorado and surrounding states including festival spots at Brew Fest Under The Stars (Colorado Springs, CO) and The Carnation Festival (Wheat Ridge, CO). They have opened for national acts such as Hawthorne Heights, Puddle Of Mudd, CrazyTown, Bobbyrock, Sponge, and Filter. Over the past few years, they released multiple cover singles including well received videos of Imagine Dragons' "Whatever It Takes" and The Beatles' "Eleanor Rigby." In March 2022 they Released their 2nd Full Length Album, "Regenerate", which had some success with a single (Dark Skies) appearing on the Billboard Mainstream Rock Indicator Chart at #38. Your Own Medicine is just beginning as they are in the works to release new music and content multiple times in the coming years and plan on Touring to support the new content!

## YOUR OWN MEDICINE IS:



Vocals, Guitar / Michael Kellogg  
Guitar / Emerson Willis  
Bass / Carlos Martin  
Drums / Bo Burbank



# ALBUM RELEASES



Waiting To Fall - 2014  
Full Length Album

Produced/Mixed/Mastered by  
Maximum Level Audio

Featuring the single:  
"One Man Show"  
Music Video Produced by  
EFillf Productions



Regenerate - 2020  
Full Length Album

Produced/Mixed by  
Mike Anderson with MTA Pro-  
ductions  
Mastered By Mike Kalajian at  
Rogue Planet Mastering

Featuring the singles:  
"Regenerate", "Dark Skies"  
and "Better Together"

# ACCOMPLISHMENTS

- Single "Dark Skies" Reached #38 On **Billboard Main-stream Rock Indicator Chart** and #24 On **Foundations Secondary Market Rock Chart**
- 1st Place in the Big Break Competiton 2014
- Runners up in Denver Westword's Best Band In Denver Competition 2017 and 2018
- Co Headline Castle Rock Brew Fest Under the Stars Festival 2018
- Played Wheatridge, CO Carnation Festival 2018
- opened for national acts such as Hawthorne Heights, Puddle Of Mudd, CrazyTown, Bobbyrock, Sponge, Hinder and Filter

# SINGLE RELEASES

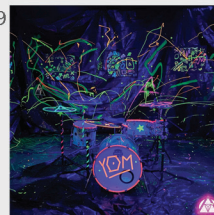


Whatever It Takes - 2019  
Single

Cover song of Imagine  
Dragons original song  
"Whatever It Takes"

Produced/Mixed/Mastered  
by  
MTA Productions

Music Video Procuded by  
Daydream Collective

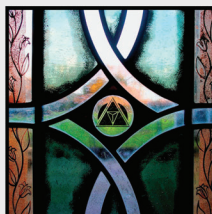


Something More - 2021  
Single

Original Song

Produced/Mixed by  
Tyler Duffus with Black  
Water Audio

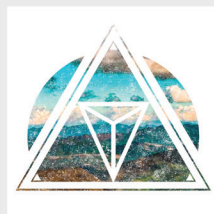
Mastered by Ted Jensen  
with Sterling Sound



Eleanor Rigby - 2020  
Single

Cover song of The Beatles  
Original song  
"Eleanor Rigby"

Produced/Mixed by  
Tyler Duffus with Black  
Water Audio



The Pressures On - 2021  
Single

Cover song of Enter  
Shikari's original song  
"The Pressures On"

Produced/Mixed by  
Tyler Duffus with Black  
Water Audio





## SOCIAL MEDIA

WEBSITE: [www.yourownmedicineband.com](http://www.yourownmedicineband.com)

FACEBOOK: <https://www.facebook.com/YourOwnMedicineMusic>

INSTAGRAM: [www.instagram.com/your\\_own\\_medicine/](http://www.instagram.com/your_own_medicine/)

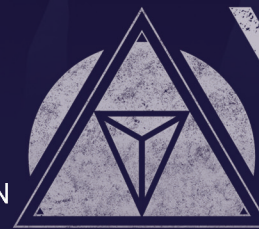
YOUTUBE:  
<https://www.youtube.com/channel/UC7uT80kbhVbD4AZgnnFM-cg>

SPOTIFY:  
[https://open.spotify.com/artist/5lO4DaEZc8aKoRk7U619NB?si=9y7N8P27So6civa\\_LOYRKQ](https://open.spotify.com/artist/5lO4DaEZc8aKoRk7U619NB?si=9y7N8P27So6civa_LOYRKQ)

## CONTACT

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